Confidential Patient Health Record	Today's Date:
How did you hear about us? General Family Close to home/work Dr. Yellow pages	□ Friend □ Co-Worker □ Drove by □ Hospital □ Insurance Plan
Personal Information	
* *	
Title: \Box Mr. \Box Ms. \Box Mrs.	
Last: First:	Middle:
Suffix: 🗆 Jr 🗆 Sr 🗆 II 🗆 III	
Birth Date:/ Age: Sex: Ma	ale / Female SSN:
Marital Status: Single Married Widowed Divor	ced 🗆 Separated
Address:	Apt #
City: State: Zip:	Country: County:
Home Phone: () ext	Work Phone: () ext
	Fax #: () ext
Email Address:	Spouses Name:
Children (Names and Ages):	
Emergency Contact	
Last:First:	Middle:
Relationship: Spouse Relative Friend Othe	
Home Phone: () ext	Cell Phone: () ext
Work Phone: () ext	
Employment Information	
Business Name:	
	Fax #: ()
Employer's Email Address:	
	iption
	· · · · · · · · · · · · · · · · · · ·
Current Health Condition	19 og 19 sen er en
Unwanted Condition (Why you are have to day?)	
Unwanted Condition (Why you are here today?):	Use the letters BELOW to indicate the TYPE and LOCATION of your sensations right now.

Date:

REVIEW OF SYSTEMS -Below is a list of symptoms that may seem unrelated to the purpose of your appointment. However, these questions must be answered carefully as the problems can affect your overall course of care.

Participation			and the second second				
Constitutional:		Y having or ha	ave had a	ny of the symptor	ns or problems liste	d below.	
□ chills		□ fatigue		□ night sweats	□ weight loss		
🗌 🗆 🗆 🗌	drowsiness	□ fever		weight gain	0		
<i>Eyes/Vision:</i>							
🗆 blindnes	S	🗆 change in v	vision	□ field cuts	🗆 photophobia		
□ blurred	vision	🗆 double visi	on	🗆 glaucoma	□ tearing		
🗆 cataracts	5	🗆 eye pain		□ itching	wear glasses/	contacts	
					-		
<i>Ears, Nose and Throat:</i>							
□ bleeding	🗆 ear drai	nage 🛛 hearing loss		ing loss	□ nosebleeds	□ sore throat	
□ dentures	🗆 ear pain	L	□ history of head injury [🗆 postnasal drip	🗆 tinnitus	
÷					5-10-	(ringing in ears)	
□ difficulty	🗆 fainting				🗆 rhinorrhea	□ TMJ problems	
swallowing					(runny nose)		
🗆 discharge	🗆 frequen	t sore throats	□ loss of sense of smell		🗆 sinus infections		
□ dizziness	🗆 headach	es	□ nasal congestion		□ snoring		
<i>Respiration:</i>							
🗆 asthma	🗆 coughing u	p blood	🗆 sputu	m production			
🗆 cough	□ shortness o	*	□ whee:	•			
1.7				0			

1'

Date:	
Duto.	

Cardiovascular: 🗆 I DENY having any of the symptoms or problems listed below.							
□ angina (chest pain or discomfort) □ high blood							
about pain	with exertion or exercise						
□ chest pain □ low blood □ claudication (leg pain/ache) □ orthopnea	8 8						
□ heart murmur □ palpitation	(difficulty breathing lying down) 🗆 ulcers						
- F - F	18 🗌 varicose veins al nocturnal dyspnea						
	hight w/ shortness of breath)						
	mptoms or problems listed below.						
🗆 abdominal pain 🛛 diarrhea 👘 🗆 ind	igestion 🛛 abnormal stool 🖓 vomiting blood						
	caliber						
□ belching □ difficulty swallowing □ jau □ black - tarry stools □ heartburn □ nau							
	sea 🗆 abnormal stool consistency tal bleeding 🗆 vomiting						
	s/problems and/or using any of the items listed below.						
□ birth control □ cramps	□ irregular menstruation □ vaginal bleeding						
□ breast lumps/pain □ frequent urination	□ pregnancy □ vaginal discharge						
□ burning urination □ hormone therapy	urine retention						
Male:							
□ burning urination □ frequent urinatio							
□ erectile dysfunction □ hesitancy/ dribb	1 1						
<i>Endocrine:</i>							
□ cold intolerance □ excessive hunger							
□ diabetes □ excessive thirst	□ goiter □ unusual hair growth □ hair loss □ voice changes						
□ excessive appetite □ abnormal frequency of t							
Skin: I DENY having any of the symptoms or prol							
□ changes in nail texture □ hair loss □ itching □ skin lesions / ulcers							
□ changes in skin color □ hives □ paresthesias □ varicosities							
□ hair growth □ history of skin disorders □ rash							
Nervous System:	mptoms or problems listed below.						
□ dizziness □ limb weakness □ num	bness 🛛 slurred speech 🖓 tremor						
□ facial weakness □ loss of consciousness □ seizu							
	loss of balance						
	disturbance 🗆 strokes						
<i>Psychologic:</i> □ I DENY having any of the symptoms							
anhedonia behavioral cl	5						
□ anxiety □ bi-polar diso							
□ loss or change in appetite □ confusion	🗆 insomnia						
Allergy: 🛛 I DENY having any of the symptoms or problems listed below.							
	□ anaphalaxis □ itching □ chronic nasal congestion □ sneezing						
□ food intolerance □ acute nasal congestion □ rash							
Hematologic: 🗆 I DENY having any of the symptoms or problems listed below.							
□ anemia □ blood clotting	□ bruising easily □ lymph node swelling						
□ bleeding □ blood transfusion □ fatigue							

Date:

PAST HEALTH HISTORY - Fill out carefully as these problems can affect your overall course of care.

Previous Care for	Same Condition:	□ I have not seen a do	octor for this condi	tion OR Fill in the information BELOW		
Have you seen oth	ner doctors for THIS (CONDITION? Ves	□No. If yes, W	ho? (Name)		
Type of Treatmen	nt:	Was the treatme	ent beneficial in r	esolving condition? ☐ Yes □ No		
			iropractor OR Fil	l in the information BELOW.		
				Date of Last Visit:		
Current Medicatio	n (s): List ANY/ALI	medications you are	CURRENTI V +	aking Ba Specific		
Medicat	ion	Dosage	For What Conditio			
			. or what condition	you been taking this?		
	11					
Childhood Illnass	(as). I IST all health a	anditions CIDCLD				
	(es): LIST all health c	Support of the second				
		chicken pox	□ headac			
□ allergies/h		crohn's/colitis	🗆 hepatit			
		depression		□ sickle cell anemia		
\Box asthma		ear infections	□ measles			
		fetal drug exposure	mumps			
5		food allergies (list belo	□ psorias ow) □ rash	15		
1		and gies (list ben				
	LIST all health conditi	ons. CIRCLE all CUR	RENT conditions.	이 같아요. 이번 이 관계 같아.		
	🗆 cystic kidney disea	ise 🗆 hypertension	l	□ psychiatric problems		
□ alzheimers □ depression		🗆 influenzal pr	leumonia	□ scoliosis		
🗆 anemia	🗆 diabetes (insulin d			□ seizures		
□ arthritis	🗆 diabetes (non insu			□ shingles		
🗆 asthma	🗆 eczema	□ lupus erythe		\Box past history of similar symptoms		
🗆 cancer	🗆 emphysema	lupus erythe		□ STD's (unspecified)		
□ cerebral palsy	□ eye problems	multiple scle		□ suicide attempt(s)		
□ chicken pox	🗆 fibromyalgia	🗆 parkinson's (□ thyroid problems		
□ crohn's/colitis	□ heart disease	unspecified p	leural effusion	🗆 vertigo		
$\Box CRPS (RSD)$	□ hepatitis	🗆 pneumonia		□ other:		
CVA (stroke)	\Box HIV	🗆 psoriasis				
Doctor: Are Chil	d/Adult Illnesses list	ed contributory to	the CURRENT	Condition? 🗆 yes or 🗆 no.		
Surgery (ies): LIS	T All Surgical Proced	ures. Write the DAT	F of the Procedu	re immediately afterward.		
□ angioplasty						
□ appendecto			hysterectomy joint reconstructi	□ pacemaker insertion		

- □ caesarian section□ dental surgery□ cardiac catheterization□ gall bladder□ carpal tunnel repair□ hemorrhoidectomy□ coronary artery bypass□ hernia repair
- hysterectomy
 joint reconstructio
 joint replacement
 knee repair
 laminectomy
 mastectomy
- pacemaker insert
 rotator cuff
 spinal fusion
 tonsilectomy
 other:

2

Date:_____

Injury (ies): Mark or	List All Injuries.	Write the DATE of th	e Injury immediately a	afterward.			
□ back injury □ head injury (loss of consciousness) □ motor vehicle accident							
□ broken bones		o loss of consciousness		□ soft tissue injury (mild)			
\Box disability (ies)	□ industrial acci		, , , , , , , , , , , , , , , , , , , ,	□ soft tissue injury (moderate)			
□ fall (severe)	□ joint injury		· · · · · · · · · · · · · · · · · · ·	□ soft tissue injury (moderate)			
\Box fracture	\Box laceration (sev	ere)	□ other:				
			L other.				
And a second state of the second s			onditions past or present				
general family	□ alive □ deceased			🗆 has/had:			
father	□ alive □ deceased		🗆 no significant disease	□ has/had:			
mother	□ alive □ deceased	v 1	no significant disease				
paternal grandfather	□ alive □ deceased		🗆 no significant disease	□ has/had:			
paternal grandmother	□ alive □ deceased	• •	□ no significant disease	□ has/had:			
maternal grandfather	□ alive □ deceased	<i>v</i> 1	□ no significant disease	□ has/had:			
maternal grandmother	□ alive □ deceased	and the second	□ no significant disease	□ has/had:			
son (s)	□ alive □ deceased		□ no significant disease	□ has/had:			
daughter(s)	□ alive □ deceased □ alive □ deceased		□ no significant disease	□ has/had:			
brother(s)	□ alive □ deceased	J	□ no significant disease	□ has/had:			
sister(s)		□ normally developed	🗆 no significant disease	🗆 has/had:			
Social History	1 ^{.2}	a a gilar		-			
Alcohol: 🗆 Never 🛛 Social	Consumption only] Beer 🛛 Liquor 🗆 W	ine ;oz glass	es; 🗆 Day 🗆 Week 🗆 Month			
Diet (please mark all that appl	ly): 🛛 High Fat	🗆 High Fiber 🛛 H	Iigh Protein 🛛 High Salt	t ·			
			ow Fiber 🛛 Low Salt				
Education (please mark the hig				r High 🛛 Votech lasses 🗆 Assoc/Technical Degree			
	Degree 🛛 In Gradu	-					
Drugs: 🗆 Deny any illegal dru				□ Have used drugs for			
Tobacco: 🗆 Deny Tobacco Use 🛛 Do not smoke cigars, cigarettes or pipe 🖓 Live with a smoker 🖓 Quit smoking							
□ Smoke; # per □ Day □ Week □ Month □ Chew; # cans per □ Day □ Week □ Year							
Insurance Information:							
Who Is Responsible For Your Bill? YOU and (mark appropriate box(es))							
□ Spouse □ Worker's C			-	• 3 · · · · · · · · · · · · · · · · · ·			
Policy Holder's Name: Group #:							
Policy Holder's Date of B	irth:	mary Care Physician:	ry Care Physician:				
Workers Compensation Injury / Auto / Personal Injury:							
Have you filed an injury 1	report with your e	mplover? □Ves □ N	In Date: / /	Time: am/pm			
Carrier:							
Carriers Phone #: ()		Adjuster:				
Claim #:							
I acknowledge that I have received	the Clinic's Notice of Pr	ivacy Practices for protected	health information.				
Patient Print Name:			Date:				
Patient's Signature:			Date:				

RECORD RELEASE AUTHORIZATION

DOCTOR / HOSPITAL

ADDRESS

I HEREBY AUTHORIZE AND REQUEST THE RELEASE OF MY MEDICAL RECORDS TO:

THANK YOU IN ADVANCE FOR YOUR COOPERATION.

@Breakthrough Coaching, LLC UNAUTHORIZED DUPLICATION IS ILLEGAL FORM 116

Houston Health & Wellness 2550 GRAY FALLS DR., #120 HOUSTON, TX 77077 (281) 496-3355 FAX (281) 496-4242

ASSIGNMENT AND INSTRUCTION FOR DIRECT PAYMENT TO DOCTOR FOR PRIVATE, GROUP, ACCIDENT AND HEALTH INSURANCE

Patient:	Insured:	5 9 .
Employer:		а н
Claim/Group:	S.S.#/Policy:	
I hereby instruct mailed to:	Insurance Company to pay by check made out	and
	Houston Health & Wellness 2550 Gray Falls Dr., #120 Houston, TX 77077	
If my current policy	prohibits direct payment to doctor, then I also hereby instruct and direct vo	où to

make out the check and mail it to the doctor as follows:

Houston Health & Wellness 2550 Gray Falls Dr.,#120 Houston, TX 77077

For the medical expense benefits allowable under my health or P.I.P., and otherwise payable to me under my current insurance policy as payment toward the total charge for all services rendered. This is a direct assignment of my rights and benefits under this policy. This payment will not exceed my indebtedness to the above-mentioned assignee, and I have agreed to pay, in a current manner any balance for all service charges over and above this insurance payment.

A PHOTOCOPY OF THIS ASSIGNMENT SHALL BE CONSIDERED AS EFFECTIVE AND VALID AS THE ORIGINAL.

I also authorized the release of any information pertinent to my case to you as the insurance company or attorney.

Date at ____.m. this ____day of _____.

Signature of Policyholder

Witness

Signature of Claimant, if other than policyholder

HOUSTON HEALTH & WELLNESS 2550 GRAY FALLS DRIVE, SUITE 120 HOUSTON, TEXAS 77077 Ph#:281-496-3355, Fax#:281-496-4242

PARTIAL ASSIGNMENT OF THE CAUSE OF ACTION, ASSIGNMENT OF PROCEEDS, CONTRACTUAL LIEN, AND TREATMENT AGREEMENT

I hereby direct any and all insurance carriers, health benefit plan administrators and sponsors, health maintenance organizations, preferred and independent organizations, attorneys, at fault parties, at fault third parties, tortfeasors, individuals, and any other entities, which may elect or be obligated to pay or disperse proceeds to me for any reason to pay directly to, and exclusively in the name of, **Houston Health & Wellness**, in the amount of the full charges incurred by me at **Houston Health & Wellness** either now or in the future. Such charges shall include without limit in the normal fees for **Houston Health & Wellness** services as described below, interest to the extent permitted by law, and other charges incurred by me at **Houston Health & Wellness** (my Charges). For the purposes of this Agreement, any and all proceeds shall include the proceeds from any settlement, judgment, or verdict, as well as, without limit, the compensation, disability, liability, uninsured and underinsured motorist, no-fault, medical payment benefits, personal injury protection, lost wages, lost services, property damage, and malpractice.

I further grant a contractual lien to **Houston, Health & Wellness** with respect to my Charges; however, I understand that nothing in this Agreement by itself shall be construed as an election by **Houston Health & Wellness** to claim protection under any statutory lien law.

I further assign to **Houston Health & Wellness**, insofar as permitted by law, all of my rights, remedies, and benefits to **Houston Health & Wellness**, as well as any and all causes of action that I might have against such Payer to the extent of my Charges, the right to prosecute such causes of action either in my name or in **Houston Health & Wellness'** name, and the right to settle or otherwise resolve such causes of action as **Houston Health & Wellness** sees fit.

In the event that my treatment at **Houston Health & Wellness** relates to a personal injury, and I retain one or more attorneys to represent me regarding the personal injury matter, I direct each attorney to issue a letter of protection to **Houston Health & Wellness** regarding my Charges. Upon issuance, I agree that such letter(s) of protection cannot be revoked or modified without the expressed written consent of **Houston Health & Wellness**. I further direct (and **Houston Health & Wellness** requests) each attorney to provide immediate notice to **Houston Health & Wellness** regarding any Proceeds received by the attorney relating to my personal injury, to promptly pay **Houston Health & Wellness** in full from such Proceeds, and to provide a full accounting of such Proceeds to **Houston Health & Wellness**.

I authorize and direct **Houston Health & Wellness** to submit my Charges to any and all Payers including, without limit, my health benefit plan. I understand, however, that in the event that my Charges are submitted to more than one Payer, I hereby authorize and direct **Houston Health & Wellness** to apply any Proceeds received from the Payer to any reductions, write-offs, or discounts, issued by another.

I authorize **Houston Health & Wellness** to endorse or sign my name on any checks listing me as payee which are received by **Houston Health & Wellness** for payment of Charges incurred by me, my spouse, or my dependents. I further authorize **Houston Health & Wellness** to apply any credit balances on my Charges to any other outstanding Charges still owed by me, my spouse, or my dependents, regardless of whether these other Charges are related to my condition.

In consideration for Houston Health & Wellness services, I agree to pay to Houston Health & Wellness its normal fee for such services. Nothing in this agreement requires Houston Health & Wellness to await payment for past Charges or for Charges that accrue, and I agree to pay all accrued Charges in full upon demand. If Houston Health & Wellness must take action to collect from either me or any Payer, I will be responsible for the costs of such collection efforts including, without limit, court costs and attorney fees. I hereby waive any statue of limitations which may apply to the collection of my Charges.

This Agreement shall not be modified or revoked without the mutual written consent of Houston Health & Wellness and myself. I hereby revoke the terms of any previously signed documents to the extent those terms conflict with the terms of this Agreement.

I agree that each and every provision of this Agreement is reasonably necessary for the protection and the rights and interest of Houston Health & Wellness and myself. However, should any provision of this Agreement be found invalid, illegal, or unenforceable, or for any reason cease to be binding on any part hereto, all other provisions of this Agreement shall, nevertheless, remain in full force and effort.

Patient Name (please print):

Patient Signature (complete): _____ Date: _____

Name of Custodial Parent or Legal Guardian (please print): _____

Parent/Guardian Signature: _____

As representative for the third party administrator, insurance adjustor, legal council, at fault party, or any other entities, I agree to honor this lien and at time of settlement make direct payment for services rendered to Houston Health & Wellness. Payment will be made payable to Houston Health & Wellness and mailed to the following address of:

> **Houston Health & Wellness** 2550 Gray Falls Drive, Suite 120 Houston, Texas 77077

Company Name:		A A A A			
				•	
Representative's Na	mo (planes mint)				

Representative's Signature: ______Date: _____Date: ______Date: ______Date: _____Date: _____Date: ______Date: _____Date: ______Date: ______Date: ______Date: ______Date: ______Date: ______Date: ______Date: ______Date: _____Date: ______Date: _____Date: ______Date: _____Date: ____Date: _____Date: _____Dat

PATIENT CONSENT AUTHORIZATION

CONSENT FOR TREATMENT:

I voluntarily consent to the rendering of care, including treatment and performance of diagnostic procedures. I understand that I am under the care and supervision of the attending physician and it is the responsibility of the staff to carry out the instructions of such physicians.

RELEASE OF INFORMATION:

By signing this form, you are granting consent to HOUSTON HEALTH & WELLNESS to use and disclose your protected health information for the purposes of treatment, payment and health care operations. Our Notice of Privacy Practices provides more detailed information about how we may use and disclose this protected health information. You have a legal right to review our Notice of Privacy Practices before you sign this consent, and we encourage you to read it in full.

Our Notice of Privacy Practices is subject to change. If we change our notice, you may obtain a copy of the revised notice by telephoning our office at 281-496-3355. You have a right to request us to restrict how we use and disclose your protected health information for the purposes of treatment, payment or health care operations. We are not required by law to grant your request. However, if we do decide to grant your request, we are bound by our agreement. You have the right to revoke this consent in writing, except to the extent we already have used or disclosed your protected health information in reliance on your consent.

MEDICARE AND MEDICAID CONSENT TO RELEASE INFORMATION:

I certify that the information given by me in applying for payment under Title XVIII and/or Title XI of the Social Security Act is correct. I authorize any holder of medical or other information about me, to release to the Social Security Administration or its intermediary carriers, any information needed for this or related Medicare or Medicaid claim.

INFORMED CONSENT TO PARTICIPATE IN ACTIVE REHABILITATION THE GOALS OF THE REHABILITATION PROGRAM INCLUDE:

1. Determining the cause and extent of your problem.

2. Providing a therapeutic exercise program to strengthen you, increase your cardiovascular endurance, range of motion and flexibility, and decrease your pain.

3. Return you to full-duty, non-restricted work status and lifestyle.

THE EQUIPMENT USED TO TEST YOU AND THE PROCESS WE WILL BE USING WILL BE EXPLAINED TO YOU.

Your participation in the rehabilitation program is voluntary. You can stop at any point in the program. Should you stop your program, we are obligated to notify your doctor, insurance company, attorney, and DVR manager, if it is applicable. If at any point during the evaluation or rehabilitation process you have any questions, we will answer them to the best of our ability or refer you to someone more qualified. Please be advised that there are no guarantees that your personal goals and/or those listed above will be met to your satisfaction. The success of any rehabilitation process lies in the combined efforts of you and your provider. The "team" approach has the best chance of attaining your goals, so please ask as many questions as necessary for you to gain the maximum benefit from your rehabilitation program. Since the process of strengthening and conditioning are a form of "controlled strain", there is a chance of aggravation or injury. It is therefore imperative that you communicate to your provider any aggravation or injury that you may observe during the rehabilitation process. For example, the *best* exercise for you, if performed too early in your condition, may be your *worst* enemy if performed too soon. Communication with your provider will help put into perspective problems that may occur. Failure to discuss problems may only foster additional problems down the road.

Research concerning the rehabilitation program and results may be conducted. Data will be used from the participant's evaluations and exercise program. No names will be used and all information is strictly confidential.

Chiropractic, as well as all other health professions, is associated with potential risks in the delivery of treatment. Therefore it is necessary to inform the patient of such risks prior to initiating care. While Chiropractic treatment is remarkably safe, you need to be informed about the potential risks related to your care to allow you to be fully informed before consenting to treatment. Chiropractic is a system of health care delivery and therefore, as with any health care delivery system, we cannot promise a cure for any symptom, condition, or disease as a result of treatment in this office. An attempt to provide you with the very best care is our goal and if the results are not acceptable, we will refer you to another provider who we feel can further assist you.

Chiropractic adjustments and physical therapy procedure are sometimes accompanied by post treatment soreness, disc injury aggravation, minor joint, ligament, tendon, or other soft tissue injury, minor burns to the skin while receiving moist heat as well as rare rib injury or fracture from thoracic spine adjustments. Stroke is the most severe complication of Chiropractic treatment, as well as the least occurring; with the estimated incidence of this type of side effect are 1 in 3 million upper cervical adjustments (JMPT 1996; 19; 37). Precautions such as pre-treatment history, examination, and x-rays prior to care minimize such risks, as well as performing all treatment carefully. These are not a normal and acceptable accompanying response to chiropractic care and physical therapy. Please advise your doctor if you experience any soreness, discomfort, dizziness, headache, tiredness, nausea, vomiting, loss of balance, or any other side effects or symptoms.

I understand that the physician, medical personnel and other assistants will rely on statements about the patient, the patient's medical history, and other information in determining whether to perform the procedure or the course of treatment for the patient's condition and in recommending the procedure which has been explained. I understand that the practice of medicine is not an exact science and **NO GUARANTEES OR ASSURANCES HAVE BEEN MADE TO ME** concerning the results of any procedure. I consent to diagnostic studies, x-ray examinations, and any other treatment or courses of treatment relating to the diagnosis or procedures described herein. By signing this form, I acknowledge that I have read or had this form read and/or explained to me, that I fully understand its contents that I have been given ample opportunity to ask questions and that any questions have been answered satisfactorily. All blanks or statements requiring completion were filled in and all statements I do not approve of were stricken before I signed this form. I also have received additional information including but not limited to the materials listed below, related to the procedure described herein. I hereby voluntarily request and consent to the performance of the procedures described or referred to herein by Doctors at this facility and any other physicians or other medical personnel who may be involved in the course of my treatment.

VERIFICATION OF NON-PREGNANCY (Female Patients Only):

By my signature on this form I do hereby state that to the best of my knowledge, I am not pregnant, nor is pregnancy suspected or confirmed at this particular time. Date of last menstrual period

X Print Patient's Name

X

Patient's Signature

X

Other Than Patient, Print Name & Relationship

X_

Witness